

Psychiatry Clerkship Orientation

Dr. David Schilling

Dr. Marla Shu

Margaret Stefani Higgins

Clerkship Director

Associate Clerkship Director

Clerkship Coordinator

This clerkship is designed for

- Students interested in
Psychiatry vs. other fields of medicine
- Clerkship Objectives
 - Psych illness DDx, Dx & Tx
 - Mental Status Exam
 - Suicide Risk Assessment
 - Interviewing, presenting, documentation
 - Stigma

This Orientation

- Clinical Curriculum

- Primary Service
- New patient interview*
- Pgy-4 residents
- Case conference
- On call

*Direct Observation emphasis

- Academic Curriculum

- Lectures
- Interactive Sessions
- Independent Learning
 - LUMEN web site
 - SPPAM
 - Jeopardy
- Educational Design

Clinical Curriculum

- Primary service assignment from lottery

In-Patient clinical care

Madden,
Hines 2S (mostly open)
L C/L, Hines C/L

Geriatrics
Hines-ARC/ED
Hines-Substance

Out-Patient clinical care

- Site orientation info

Clinical Curriculum: Resident Teaching



Dr. Rachel
Klauber



Dr. Michael
Padua



Dr. Anand
Patel



Dr. Ashley
Schumaker



Dr. Jessica
Wuest



Dr. Danielle
Gelfond



Dr. Serena
Spaleny



Dr. Conrad
Stasieluk

Clinical Curriculum Resident Teaching

- New Patient Observed Interview
 - Ungraded;
 - Learn without being penalized for being a learner!
 - New Patient Observed Interview schedule
 - Check the schedule! All have 1 interview; some have 2
 - Some additional slots added:
 - few of you will have a 2nd interview added to your schedule
 - LUMEN clerkship website:

Video Lecture on Psych Interviewing

Clinical Curriculum

- Other clinic opportunities
 - Hines ECT/TMS: Hines students/non-Hines students
 - New!! Loyola out-pt clinics/TMS: Dr. Tony Tu
 - Watch for email
 - SMART Goals
 - New this year, due this Friday
 - Dean Graziano orientation
 - Initial Goal: Learning how to come up with SMART goals
 - Clerkship Sakai site: SMART Goals

Clinical Curriculum

- Loyola Grand Rounds-Zoom
- Case Conferences-Zoom
 - Loyola C/L: students will participate in presenting
 - Madden students attend
- On Call experience
 - 1 weekend, 1 weeknight
 - Loyola C/L students-no call
 - Weekends
 - Weekend staggered schedule: 7:30-3:30/Noon-8:00
 - Final weekend-minimize m3's on call
 - May be slow: bring something to read/study
- Mornings
 - After tomorrow, all mornings will be Clinical service work

Academic & Clinical Curriculum Resources

- DSM5-more for clinical portion of clerkship
 - Phone app available: Apple or Google Play: \$70; Free?
 - Desk reference to DSM5: New ~\$50; Used ~\$20
 - APA handout on DSM5
 - Your use of DSM5
- Reference texts
 - *Up-To-Date via Loyola library
 - Up-To-Date summaries (8)
 - First Aid for Psychiatry Clerkship
 - Various Textbooks listed

Academic Curriculum

Lecture Schedule

- In person sessions: frontloaded 1st 2 weeks
- After first 2 days, Friday afternoons*
 - One Tuesday midday*
- Prep for Clerkship Graded Educational Activities
- LUMEN Psych Clerkship Website
 - Educational Resources
 - On line recorded lectures: ~14 hours
 - Lectures are all DSM5 updated
 - Personality Disorders: DSM4 = DSM5
 - Lecture handouts, Powerpoint slides, added readings
 - Supplemental materials
 - ADMSEP Clinical Skills Initiative eModules
 - Four Lives Movie: A Portrait of Manic Depression
 - TED talks (3); Freakonomics Podcast (3)

Academic Curriculum

- SPPAM: 3 groups
 - SPPAM On Line Information video
 - SPPAM Orientation
 - Scheduling & Brainstorming Topic Ideas
- Jeopardy: Ungraded, self-assess, possibly fun?
 - Schizophrenia & Bipolar
 - Jeopardy Prep-watch Schizophrenia & Bipolar lectures
 - Please do **NOT** get these 2 Jeopardy Boards from prior students!
 - Boards available on LUMEN Psych Clerkship Website after Jeopardy sessions;

Academic Curriculum

- Preparing for the Clerkship Exam
 - Live and recorded lectures & Powerpoint slides
 - Added reading material
 - Lecture Objectives
 - Jeopardy Boards (7)
 - Up-To-Date summaries (8);
 - Recent revisions by senior residents
 - Supplemental material is Supplemental
- New: Anki decks, this is 9th clerkship:
 - LUMEN site:
Educational Resources/Anki decks: clerkship material
 - Renzo Costa, MD SSOM class of 2022

Educational Design: Cognitive Science Findings¹

- Spaced Retrieval:
 - “Testing effect” - Retrieval process when doing assessments/tests leads to additional learnings
 - Produces large positive effects on learning
 - Repetition aspect of Spaced Retrieval
- Effort & Desirable Difficulty
 - Retrieval practice involves mental effort;
Struggling with retrieval is part of the process
Am I learning the material?
Anxiety

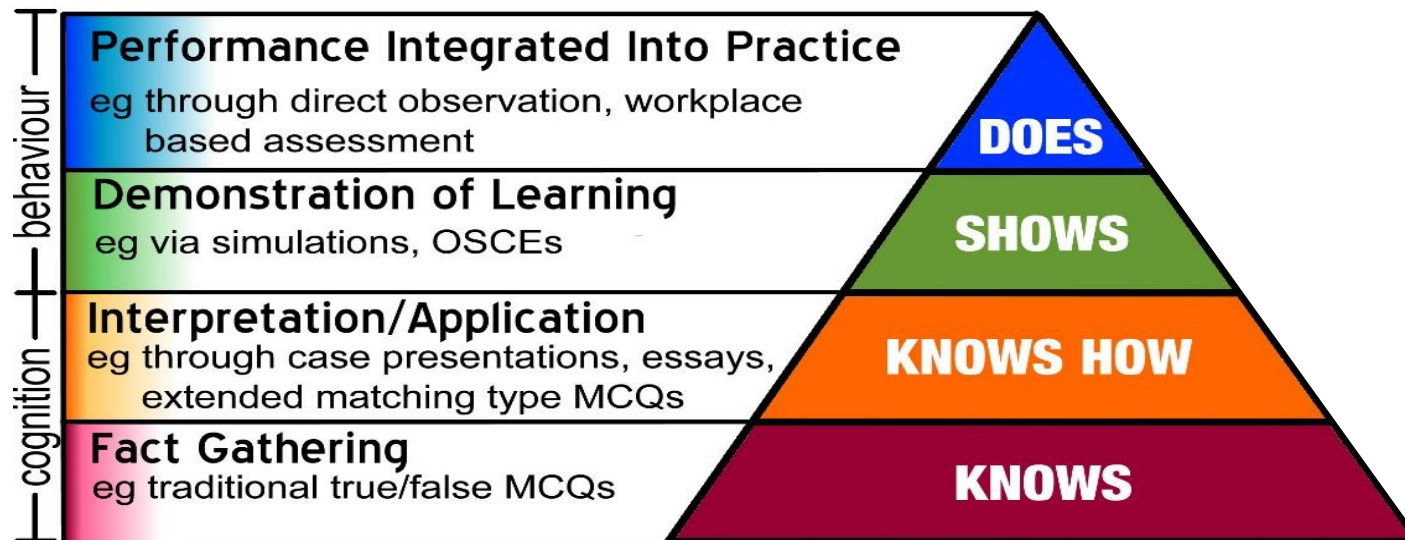
1. Karpicke, J. D. (2017). Retrieval-based learning: A decade of progress. In J. T. Wixted (Ed.), *Cognitive psychology of memory, Vol. 2 of Learning and memory: A comprehensive reference* (J. H. Byrne, Series Ed.) (pp. 487-514). Oxford: Academic Press.

Educational Design: Cognitive Science Findings¹

- Massed Retrieval (Cramming):
 - Better initial retrieval success;
 - Leads to rapid forgetting
- Spaced Retrieval:
 - Lower initial retrieval success;
 - Improves with spaced repetition
 - Better performance on final tests
 - Longer retention

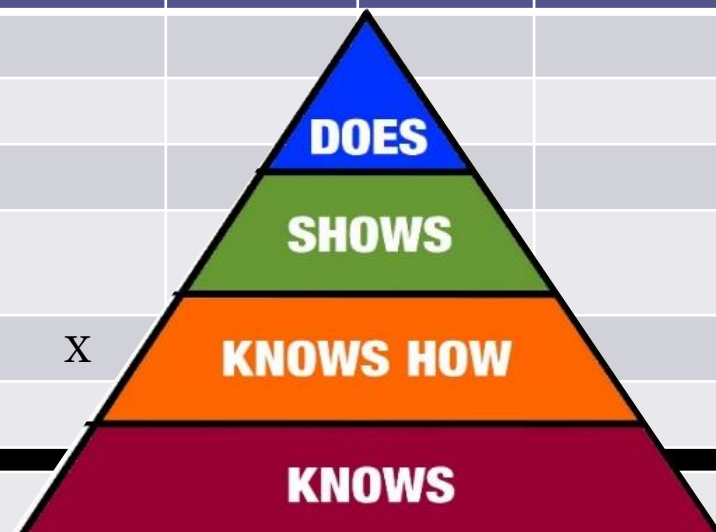
1. Karpicke, J. D. (2017). Retrieval-based learning: A decade of progress. In J. T. Wixted (Ed.), *Cognitive psychology of memory, Vol. 2 of Learning and memory: A comprehensive reference* (J. H. Byrne, Series Ed.) (pp. 487-514). Oxford: Academic Press.

Educational Design: Miller's Pyramid²



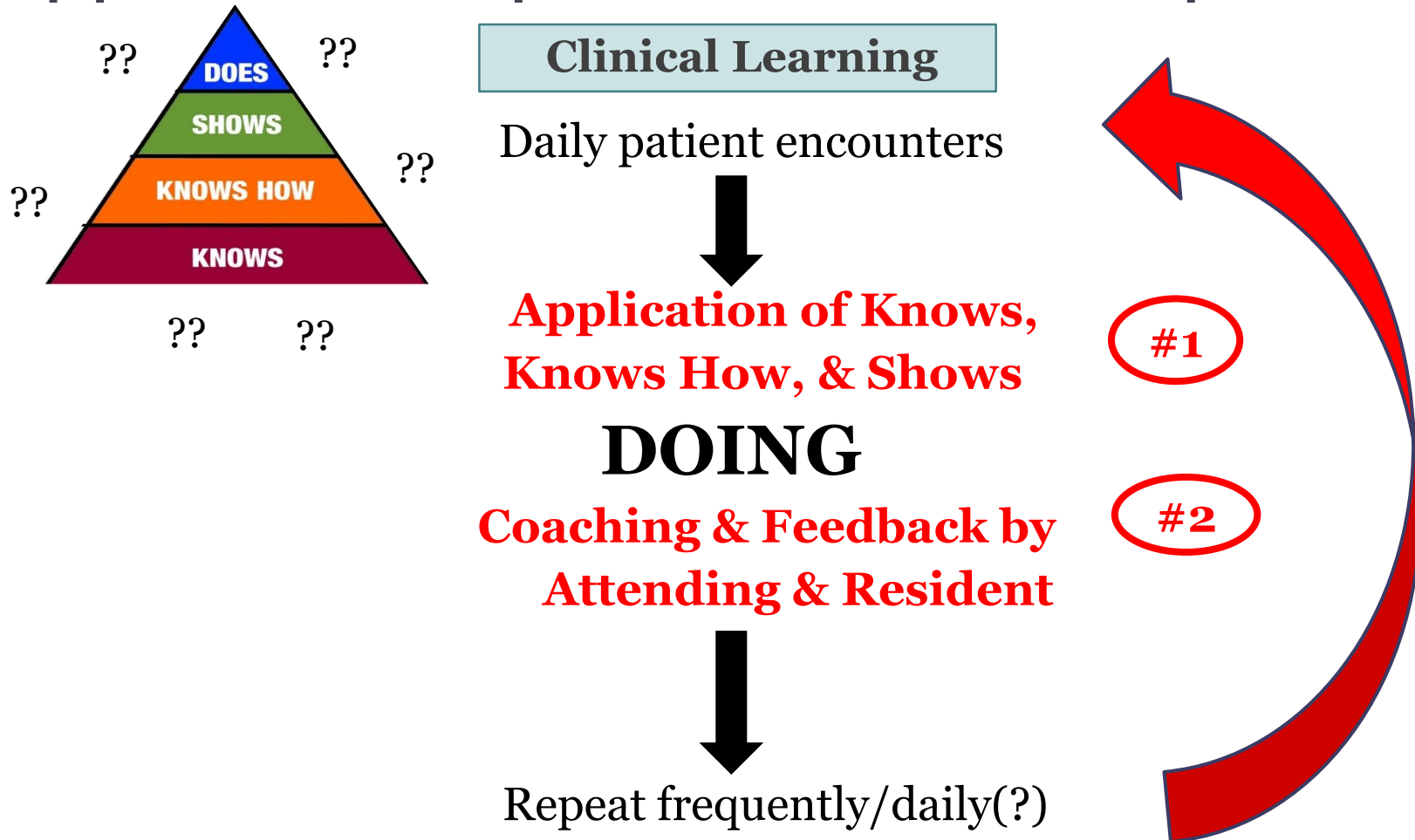
2. Based on work by Miller GE, *The Assessment of Clinical Skills/Competence/Performance*; Acad. Med. 1990; 65(9); 63-67
Adapted by Drs. R. Mehay & R. Burns, UK (Jan 2009)

	Med Know	Pt Care	Inter Person & Comm skills	Practice based Learn & Improve	Profess	System Base Practice	Inter Profess Collab	Person & Profess Develop
Quizzes/IRATs (7)	X							
MSE Exercise	X	X						
Risk Assess Exercise	X	X						
SPPAM: Mini Grand Rounds	X		X	X				
Standardized Pt		X	X		X			
Short Answer Q's (3)	X							
Jeopardy	X							
Observed Pt interview		X	X		X			
Clinical Performance Eval	X	X	XXX	X	XXX	X	X	X
Video Interview Write up	X	X						
MCQ Exam	X							

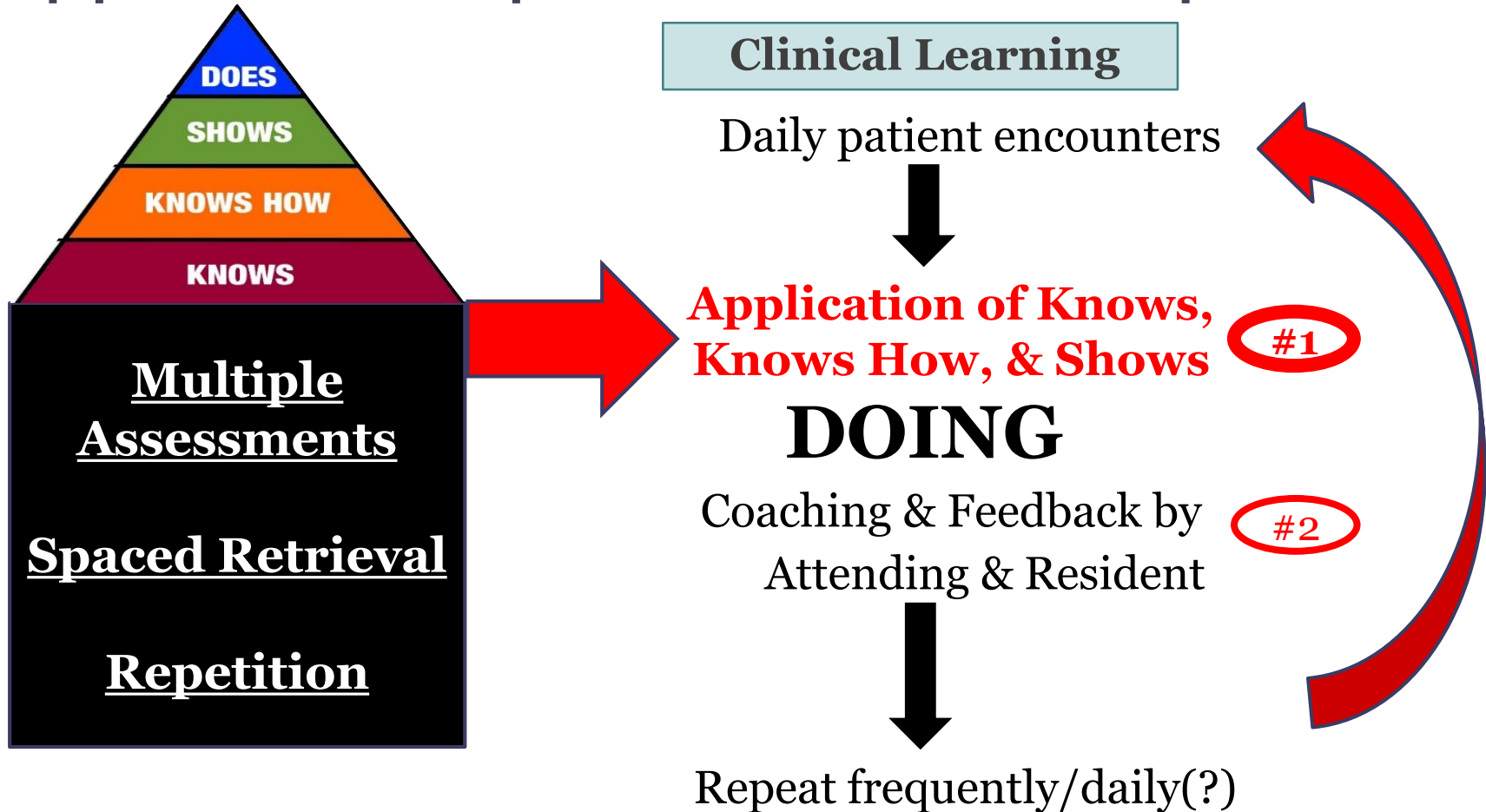


Clerkship assessments: 19 total (10 quizzes/short answer questions);
17 scored, 2 unscored

Educational Design: Apprenticeship Model - Clerkship



Educational Design: Apprenticeship Model - Clerkship



Academic Curriculum

Week #2 Graded exercise

- Risk Assessment & MSE Exercise:
 - MSE lecture, worksheet, handout, small group prep session: **5** small groups
 - Watch videotaped interview: Document MSE: **See Syllabus**
 - MSE categories are prompted
 - MSE section on vOSCE/Video Interview write-up
 - Summative comments on MSE performance
 - Document Risk Assessment: **See Syllabus**
 - Watch Videotaped interview
 - Identify risk factors, protective factors, ect.
 - What is your assessment of risk? Explain
 - Risk Assessment section on vOSCE/Video Interview write-up
 - After Individual Exercise:
 - **Recap group discussion** with CD/aCD/Resident

Academic Curriculum

Week #3 Graded exercise:

- Standardized Patient Exercise
- ***Morning exercise***
 - Orientation prior to exercise
 - Information: **See Syllabus**
 - Interview patient, post interview feedback by SP
 - Computer session
 - Enter interview information-pert pos & neg
 - DDx, Labs, Dx formulation/explanation of thinking
 - Question set
 - After Individual Exercise:
 - **Recap group discussion** with CD/aCD
 - Feedback on SP interview from senior resident

Academic Curriculum Resources: LUMEN Psych Clerkship Website

- Course/Clerkship Information
 - Overall Clerkship Objectives
 - A Guide to Handling Clerkship Stress:
Good for residency too!
 - Expectations-most useful: July/Aug/Sept clerkships
 - Regulations
 - General Responsibility as a Medical Student
 - When in doubt, **please ask!**
 - Mistreatment
 - Assessment, Evaluation, & Grading-separate presentation
 - Exam & vOSCE (constructed response) prep Ppt

After the Clerkship

- Post Clerkship Anonymous Student Feedback
 - Educational experts on what does & does not work
 - Generous & selfless—no benefit to you
 - Will not see what is done or when it is done
- Grades/Grading system