

Welcome to OB/GYN!

An insider's guide to the next 6 weeks...

What Makes OB/GYN Special?

— — —

- Cesarean Sections
- Preventive/Primary Care
- Open and Minimally Invasive Surgery
- Oncology - robotic surgery!
- Urology + gynecology = urogynecology (aka FPMRS)
- Reproductive Endocrinology and Infertility
- Delivering Babies!!!



This is us!





Class of 2026



*Taylor, Will, Max,
Sneha, Jamie*

Class of 2027



*Cait, Jen, Justine, Sai,
Maira*

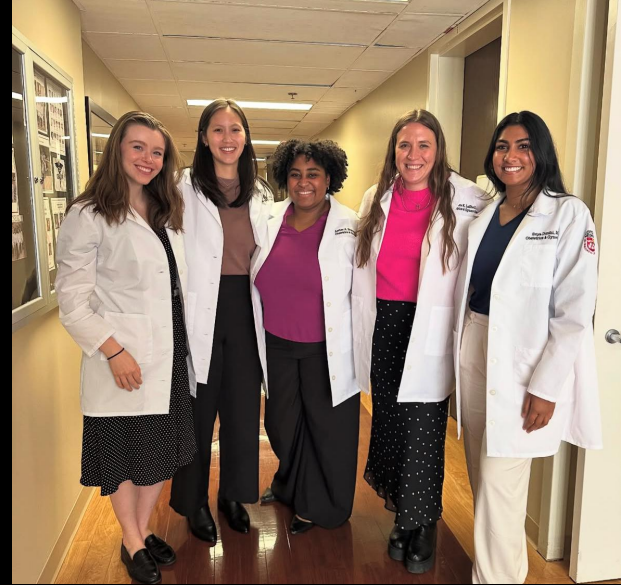


Class of 2028



*Charlotte, Hannah, Monica,
Vanessa, Lauren*

Class of 2029



Dani, Amber, Alex, Sri, Paige

Residents

— — —

PGY-1s: Amber Bowman, Danielle Graves, Sriya Donthi, Alexandra LaShell, Paige Song

PGY-2s: Lauren Ross, Hannah Milad, Vanessa Orlando, Charlotte Adema, Monica Contractor

PGY-3s: Justine Garfinkel, Moira Sullivan, Sai Nagula, Caitlin Heenan, Jennifer Law

PGY-4s: Jamie Blue, Taylor Balk, Maverick Mangosing, William Winter, Sneha Sareddy

On a serious note...

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Labor and Delivery “L&D”

Logistics

- 2nd floor main hospital
- Wear scrubs during your shift, LONG white coats when you leave unit
- Girls: Women’s Locker room available
- Guys: Russo OR locker room
- Bring laptops as computers are limited
- Attendings = “LUFOG” group

Expectations

- Evaluate and present all triage patients
- Ultrasound!
- Follow all laboring patients
- Participate in deliveries
 - Pushing!
 - Placental delivery
 - Scrub in to cesarean deliveries

Extra ways to be helpful

- Take ownership of your patients
- Anticipate what will be needed for work-up of your patients (i.e. speculum, slides, ultrasound with towel, etc...)

Bonus

- Suturing and knot tying skills
- Work on developing your differential diagnosis (at least 3 diagnoses)
- Present a clear and easy to follow HPI
 - Keep oral presentations **concise and formal**
- Present a 5-minute presentation on an obstetric topic
- Make friends with the nurses!
- Observe circumcisions!

Maternal Fetal Medicine “MFM”

Logistics:

- MFM = High risk OB
- Inpatient care (2nd floor hospital, L&D)
- Clinic (LOC 2nd floor, Women's health)
- Dress clothes everyday
- Attendings:
 - Sprawka, Lal, Alrahmani, Perdigao
- Fellows:
 - Stephanie Rodriguez, Katherine Patton, Erika Hripko

Expectations

- Round on antepartum patients each morning & write progress note
- In clinic, measure fundal height, heart tones, help with documentation
- Present short topic of interest
- Participate in US and genetic counseling

Extra ways to be helpful

- Help obtain records on transport patients
- Annotate glucose logs for diabetic patients
- Help transport patients from clinic/ultrasound to L&D for safety if needed

Bonus

- Cerclages!

Gynecology Oncology

— — —

Logistics

- Inpatient care (Cancer floor = 6SW)
- Surgery (Russo + ASC)
- Clinic (Cancer Center, Clinic A)
- Attendings: Drs. Potkul, Liotta, Winder
- Scrubs + Dress clothes everyday
- Focus: Cancer of the Vulva, Vagina, Cervix, Uterus, Fallopian Tubes, Ovaries

Expectations

- Clinic: Return patients only! **Move fast.**
- Inpatient: Pre-round on patients
 - 24hr events-SOAP format
- Surgery:
 - Know anatomy!
 - Know your patients!!

Extra ways to be Helpful

- Always have 10cc syringe in pocket
- Page/text resident when patient rolling back
- Write patient info on dry erase board
- Be helpful in OR (bed, belt, SCDs, stirrups)
- Walk with your patients in AM, practice incentive spirometer, SCDs in place
- Manipulate uterus

Bonus

- Robotic surgery!
- Big open surgery!
- You get out what you put in!
- Suturing laparoscopic ports

Benign Gyn

— — —

Logistics

- Rounds in the AM
- Surgery (ASC + Russo)
- Gyn Procedure Clinic Wednesday Afternoon
- VA OR on Tuesdays
- See all consults in ED or inpatients
- Attendings: LUF OG group

Expectations

- Scrub into hysterectomy, adnexal surgery and hysteroscopy
- Clinic: Observe colposcopies, biopsies, and IUD placements
- Work-up of abnormal uterine bleeding
- Practice Bulletin presentations weekly
- COME PREPARED TO CASES AND CLINIC

Extra Ways to be Helpful

- Walk with patients
- Text you resident when the case is going to the OR
- Help with patient positioning
- Grab your gloves before scrubbing in
- Practice incentive spirometer with post op patients
- See consults when we get them
- Practice suturing at home

Urogynecology/FPMRS

— — —

Logistics

- Surgery + Clinic (LOC 3rd Floor)
- Attendings: Drs. Pham, Fitzgerald, Acevedo-Alvarez, Westbay
- Fellows: Carson Woodbury, Gigi Newbury, ***

Expectations

- Know your patients before going into OR
- Help with note-writing in clinic - Clinic is BUSY!
- Read Practice Bulletins on Urinary Incontinence and Pelvic Organ Prolapse prior to rotation
- Present short topic at end of the rotation with attendings and fellows

MacNeal

— — —

Logistics

- AM Sign out everyday at 7am
- Scrubs are located in locker rooms across from L+D
- Sign out in evenings are 6pm on Monday, Tuesday, Thursday, 7pm Wednesdays, and 5pm on Fridays
- Your team will consist of residents from LUMC and MacNeal Family Medicine

Expectations

- Dr. Cox-Pedota will let you know about student presentations, weekly readings, and education simulations
- Be willing and able to help see triages, consults, and assist with deliveries or surgeries
- Be prepared before going to the OR

Ambulatory

— — —

Logistics

- Various Loyola clinics - Resident + Attendings
- VA clinic with Dr. Williams (12th floor)
 - Email, Page, or Text Benign Gyn intern (Amber Bowman)
 - DO NOT PAGE OR EMAIL DR. WILLIAMS

Expectations

- Arrive early
- Look up your patients prior to arriving to clinic
- Ask attending/resident prior to clinic how you can be helpful
- See patient first, then present to attending and resident
- Fetal heart tones by doppler and fundal heights for OB patients

Bonus!

- Speculum exams, pap smears, collecting GBS swabs
- Ultrasound with OB return patients

Professionalism and Communication

— — —

Texting:

- Ask permission: some people prefer not to share their phone numbers. (*most now probably prefer AMS Connect*)
- Timing: try to anticipate ahead of time, we are often busy with patient care and may not be able to respond.
- Content: try to find the answer via other sources first? (A friend? Google? Your clerkship materials?)
- Method: Would an email be more appropriate? (less urgent, a lot of logistical info...)

Last minute advice...

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Have fun!!

- Keep an open mind!
- Be a team player
- Make your EPIC surgery and clinic schedules now, so you know what is coming for the week
- Make sure you have scrub access today!
- This may be the last exposure to this specialty for the rest of your career; if you are the only medical professional on an airplane and someone is delivering, you should be able to assist!
- Find ways to incorporate your interests into the rotation
- If you haven't heard/ don't know where to go for your first day- REACH OUT TO US!! :)

Contacts

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**ams connect text page*

Gyn Onc: Paige Song

Benign Gyn: Amber Bowman

MFM: Jen Law (Sneha Sareddy 10/27-10/29)

L&D: Just show up to resident room on L&D!

Uro Gyn: Charlotte Adema

MacNeal: Show up to L&D! (Have an idea of if you want to do L+D or gyn first)

SCHEDULE HELP

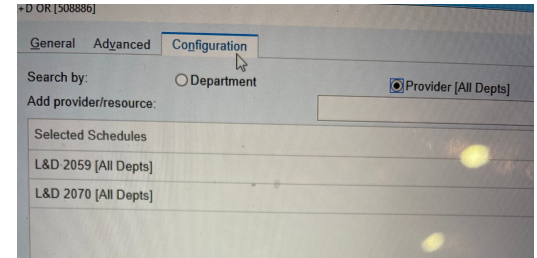
TLDR: For any surgical case you need to know what the case we are doing is, why we are doing it, general medical/surgical history, and basics of the case and general anatomy!

The way to learn this is by reviewing the night before, so you must have schedules ready in epic. Showing up the day of a surgery without knowing who we are operating on or what we are doing is UNACCEPTABLE...

so LETS GET YOUR SCHEDULES SET UP NOW :)

L+D Schedule

- — —
- OB Inpatient list on epic
 - System list → Nursing units
 - → **2 Labor & Delivery** → **2 Women's health**
 - Charting is also done on OB traceview (OB specific software)
 - Login: *Medstudents* Password: *medstudents*
- Scheduled Cesarean Sections
 - Create schedule in ambulatory setting
 - Provider: L&D 2059, and L&D 2070
- We will also print off a list at each sign out time if you need an updated list just ask your resident



Gyn Onc

Attendings: Potkul,
Liotta, Winder

Clinic Schedule:

Attending Name CC Gyn Onc

OR Schedule: seen via

Russo Status Board

(Attending name then Russo
and ASC)

General Advanced **Configuration**

Search by: ☐ Department ☒ Provider [All Depts]

Add provider/resource:

Selected Schedules

Liotta, Margaret [CCGYNE]
Potkul, Ronald K [CCGYNE]
Winder, Abigail [CCGYNE]

Gyn Onc OK [508898]

General Advanced **Configuration**

Search by: ☐ Department ☒ Provider [All Depts]

Add provider/resource:

Selected Schedules

Liotta, Margaret [ASC]
Liotta, Margaret [RUSSO]
Potkul, Ronald K [ASC]
Potkul, Ronald K [RUSSO]
Winder, Abigail [ASC]
Winder, Abigail [RUSSO]

Benign Gyn

OR Schedule (cases
in ASC AND RUSSO)

Attendings:

- Glaser
- Idusuyi
- Liebermann
- Lynn
- Peiffer
- Recknagel
- White
- Wiley
- Williams

Ambulatory

Provider you are assigned to!

WHA All the PGY2-PGY4s

UROGYN CLINIC

UROGYN OR

WHA

- 30 Sareddy, Sneha [LWHRES]
- 30 Adema, Charlotte M [LWHRES]
- 30 Balk, Taylor [LWHRES]
- 30 Blue, Jamie [LWHRES]
- 30 Contractor, Monica S [LWHRES]
- 30 Garfinkel, Justine [LWHRES]
- 30 Heenan, Caitlin [LWHRES]
- 30 Law, Jennifer [LWHRES]
- 30 Mangosing, Maverick [LWHRES]
- 30 Milad, Hannah [LWHRES]
- 30 Nagula, Sai [LWHRES]
- 30 Orlando, Vanessa [LWHRES]
- 30 Ross, Lauren [LWHRES]
- 30 Sullivan, Moira [LWHRES]
- 30 Winter, William [LWHRES]

OC OB GYNE RESIDENT

MFM

Clinic schedules are all under MFM Or MFM Consult as opposed to attending or fellow name

MFM [541374] X

General Advanced **Configuration**

Search by: ☐ Department ☒ Provider [All Depts]

Add provider/resource:

Selected Schedules

1, High Risk Ob [LOCMFM]
2, High Risk Ob [LOCMFM]
2, Loc Mfm Med Consult [LOCMFM]
Consult, Loc Mfm Med [LOCMFM]

Macneal

OB: MNH OB LIST+ Schedule CS

→ system lists MNH→ Nursing
Units→ 25 Birthing Suite

Gyn: MNH Gyn team list

OR CASES

Macneal L-D CS [527586]

General Advanced **Configuration**

Search by: ☐ Department ☒ Provider [All Depts]

Add provider/resource:

Selected Schedules

Browne, Deslyn S [MNHLD]
Cox-Pedota, Meghan [MNHLD]
Gavino, Michael V [MNHLD]
Gonzalez, Leticia [MNHLD]
Paganessi, Elizabeth [MNH LABOR AND DELIVERY]
Porto, Susan [MNHLD]
Procedure, Mnh Labor & Delivery [21PRO]
Vega, Sandra [MNH LABOR AND DELIVERY]

Macneal Gyn OR [527589]

General Advanced **Configuration**

Search by: ☐ Department ☒ Provider [All Depts]

Add provider/resource:

Selected Schedules

Acevedo Alvarez, Marian [MNHOR]
Browne, Deslyn S [MNHOR]
Cox-Pedota, Meghan [MNHOR]
Furlong, Denise Molina [MNHOR]
Gavino, Michael V [MNHOR]
Gonzalez, Leticia [MNHOR]
Guirguis, Alfred [MNHOR]
Meena, Hemlata [All Depts]
Meena, Hemlata [All Depts]
Paganessi, Elizabeth [MNHOR]
Porto, Susan [MNHOR]
Vega, Sandra [MNHOR]
Winder, Abigail [MNHOR]

Urogyn

Urogyn Clinic Schedule

- Pham
- Acevedo Alvarez
- Fitzgerald
- Westbay

Urogyn OR Schedule

The image displays two screenshots of the Urogyn software interface, specifically the 'Configuration' tab. The top screenshot shows the 'Urogyn [569988]' window with a list of 'Selected Schedules' including: Acevedo Alvarez, Marian [All Depts], Doc, Pelvic Floor Multi-Disc [All Depts], Fitzgerald, Colleen [All Depts], Mueller, Elizabeth R [All Depts], and Pham, Thythy [All Depts]. The bottom screenshot shows the 'Urogyn or [548560]' window with a list of 'Selected Schedules' including: Acevedo Alvarez, Marian [ASC], Acevedo Alvarez, Marian [MNHOR], Acevedo Alvarez, Marian [RUSSO], Mueller, Elizabeth R [RUSSO], Pham, Thythy [ASC], and Pham, Thythy [RUSSO]. Both windows feature search bars, 'Add provider/resource' fields, and 'Accept'/'Cancel' buttons.

Urogyn [569988]

General Advanced Configuration

Search by: ☐ Department ☒ Provider [All Depts]

Add provider/resource:

Selected Schedules

Acevedo Alvarez, Marian [All Depts]
Doc, Pelvic Floor Multi-Disc [All Depts]
Fitzgerald, Colleen [All Depts]
Mueller, Elizabeth R [All Depts]
Pham, Thythy [All Depts]

Remove

Accept Cancel

Urogyn or [548560]

General Advanced Configuration

Search by: ☐ Department ☒ Provider [All Depts]

Add provider/resource:

Selected Schedules

Acevedo Alvarez, Marian [ASC]
Acevedo Alvarez, Marian [MNHOR]
Acevedo Alvarez, Marian [RUSSO]
Mueller, Elizabeth R [RUSSO]
Pham, Thythy [ASC]
Pham, Thythy [RUSSO]

Remove

Accept Cancel

Signout Times

- Loyola L&D: 7 AM in mornings, 8 AM on Saturday and Sunday
- Benign gyn/Onc/Urogyn: whenever your team specifies for rounding
- For urogyn clinic, show up ~15 minutes before first scheduled patient
- MFM: preround on assigned patients by 7 AM L&D signout
- Macneal L&D/gyn: signout at 7 AM on L&D every day

**Hopefully this helps you feel even more prepared
for your first day :)**