EMERGENCY MEDICINE OSCE GUIDE FOR STUDENTS

Welcome to your Emergency Medicine OSCE. This exercise has been designed to allow you to demonstrate your ability to:

1. Elicit a focused history from a standardized patient who presents with chronic back pain and a second standardized patient who presents with chest pain and shortness of breath
2. Determine if opiate overuse is present
3. Discuss the potential risks of opiate overuse if appropriate
4. Provide alternatives to opiates in multimodal pain management
5. Interpret test results and communicate findings to standardized patient
6. Engage in a shared decision-making process with standardized patient
7. Demonstrate understanding of clinical decision-making tools
8. Communicate effectively with the standardized patient in both the encounter and the feedback session

There is **NO physical exam** required in this OSCE. Physical exam findings will be provided to you when applicable.

PRE- WORK

It is highly recommended that you review the following resources to insure your success in this OSCE:

General Shared Decision Making

- Shared Decision Making Blog Post:
  https://www.aliem.com/beyond-abstract-shared-decision-making-3-factors/
- Shared Decision Making Annals of EM article (see attached)
- Shared Decision Making Hand out (see attached)

Cardiac Shared Decision Making

- HEART score:
  https://www.saem.org/cdem/education/online-education/m4-curriculum/group-m4-approach-to/shortness-of-breath/acute-coronary-syndromes

Pain Management Shared Decision Making

- Lower Back Pain Emergencies: http://www.emdocs.net/em-cases-lower-back-pain-emergencies/
- Non Opioid Pain Management: https://www.cdc.gov/drugoverdose/training/nonopioid/508c/
- Prescription Database Monitoring Programs and how to use them
  https://www.cdc.gov/drugoverdose/training/pdmp/index.html
- UptoDate Article on Non-pharmacological pain management for back pain: Subacute and chronic low back pain: Nonpharmacologic and pharmacologictreatment (see attached)

At your Scheduled OSCE Time:

1. Come to the Selfridge Clinical Skills Center, SSOM Room 330
2. There will be a short orientation to answer any questions you may have
3. You will participate in 2 independent encounters:
    - Cardiac Shared Decision-Making
    - Pain Management Shared Decision-Making
4. Go to assigned room and review the chart for Encounter 1 (1-2 minutes)
5. Participate in Encounter 1. You will have 15 minutes for this encounter and will receive a warning via an overhead announcement when there are 5 minutes remaining. You will receive a second announcement once the 15 minutes has passed and the encounter is over.
6. The standardized patient will provide feedback based on your communication and interpersonal skills in Encounter 1
7. Go to assigned room and review the chart for Encounter 2 (1-2 minutes)
8. Participate in Encounter 2. You will have 15 minutes for this encounter and will receive a warning via an overhead announcement when there are 5 minutes remaining. You will receive a second announcement once the 15 minutes has passed and the encounter is over.
9. Receive feedback based on your communication and interpersonal skills in Encounter 2
10. Complete a survey to provide feedback on your standardized patient and the overall experience

OTHER REMINDERS

- Wear your white coat
- There is no post encounter in this OSCE
- SPs are a valuable assessment tool used to evaluate your clinical skills in a standardized fashion. While we make every attempt to ensure the encounters are as realistic as possible, there are some limitations. The physical profile of the SP may not always align with the case. For example, the SP may say they are 40 years old but they may look to be 20 or 60 years old. They may say that they had a certain surgery but you see no evidence (scar) of that surgery upon physical exam. Thus, it is important that you suspend your disbelief and always go with the history that the SP provides. The more that you can "buy in" to this encounter and treat it as if it is real, the better you will do.
- Call if you have any issues that will prevent you from being on time (office- 708-216-1210; cell- 847-721-7519)