Students Advising Students (SAS)  
Third Year Orientation  
June 25, 2019

Disclaimer  
All content covered in this Powerpoint can be found in the “SAS 3rd Year Survival Handbook” in further detail

SAS Opportunities  
- Check out M3 resources  
  - SAS Resources Drive:  
    https://drive.google.com/drive/folders/0B4oLSVMMNHWNmND9Z  
  - EPIC Tutorial PDF  
  - SAS 3rd Year Survival Guide Handbook  
  - How to Give a Patient Presentation  
  - SAS Guide to the VA  
- Help with panels - pay it forward  
  - M1 info fair, anatomy, Step 1, research, track rankings
**“Ten Commandments of Third Year”**

1. Work hard: Every day, on every rotation

1. Be early, on time is late
   - 1-2 hrs before rounds, 10 mins before clinic, or 6 am for signout

1. Be enthusiastic, but not obnoxious
   - Ask to do procedures (e.g. ABG, NG tube, Foley catheters, suturing)
   - Be helpful to your team and patient - “can I help you with xyz”

1. Support your team members
   - Everyone should help each other look good; this is also the best for patients

1. Read, read, read
   - For the clerkship, around your patient; always have a paper in your back pocket to present

1. Receive criticism with grace. DON’T take things personally! DO take things with a grain of salt! DO have thick skin!

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7. Be the person that knows the most about and spends the most time with your patient

7. Embrace the “scut” work and work hard to earn more responsibility

7. Work hard to master the basics early in the year
   - Presentations, writing notes efficiently, pre-rounding routine

7. HAVE FUN
   - This is the part of med school you’ve been waiting for!
   - Your enthusiasm will be infectious and it will benefit you and everyone around you
   - You’ll learn more too, even with the small things

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**What Do I Wear??**

- **Guys**
  - Collared shirt
  - Tie/bowtie
  - Dress pants
  - Belt
  - Groomed facial hair
  - NO polo shirts
  - NO shorts
  - NO leggings
  - NO open backs (you take off your white coat)
  - NO cleavage/breast-cuts
  - NO stained clothes
  - NO spaghetti-straps

- **Girls**
  - Blouse
  - Skirt/ dress to the KNEE
  - Dress pants
  - Use your best judgement!
What about my shoes?

- In the OR:
  - Dansko clogs
  - Gym shoes
    - wear shoe covers if you want to avoid blood stains
  - Crocs w/ no holes
- Hospital
  - Comfortable, closed-toe dress shoes
    - not sneakers
    - not super high-heels

What should I have in my pockets?

- ID
- Pens and highlighter
- Penlight
- Stethoscope
- Maxwell’s Quick Medical Reference Guide
- Pocket Medicine (or at least in your bag)
- Blank paper/notepad
- Quick snack &/or credit card
- Articles to read/study materials
- Yellow “student log” card
- Pager

Speaking of pagers, how do these work?

- From a phone: If ON campus, dial 68777
  - If OFF campus 708-216-8777
  - Then type in the pager # you want to reach and leave a message with the phone # you want them to call back at - usually the 5 digit landline you're nearby
- From a computer:
  - From Epic go to Web or from Lumen go to loyola.wired
  - Type in resident's name. Find contact from phone directory or web on call
  - Click on pager number and send text page
- What do I type???
  - CONCISE message - see SAS Survival Guide handbook for example
  - Include some way for them to contact you
  - Call back number box: “12345*30495* = 5 digit extension/call back number of landline you’re nearby on campus*your pager number. Both only work only if you’re on campus
  - At end of message put your personal phone number or email address so they have a way to reach you if you leave campus
I need to contact my resident who I’ve never met before! What do I do?

• After your rotation orientation tomorrow (where you’ll get your team assignments), meet up with your co-med students
• Find a computer with a phone nearby
• Text page ONE RESIDENT on that team to ask where and when to meet the following day
  - Always contact the most junior resident (the intern), and work your way up if one doesn’t reply. DO NOT contact the fellow or attending if it can be helped.
  - It is okay to ask if you should show up in scrubs vs. professional clothes when relevant (surgery, OB/GYN)
• Tips:
  - It’s okay to call residents and fellows by their first names (unless they tell you to address them as “doctor”)
  - Use their “smart phrases” as your template to start

Your First Day

• Day before:
  - Contact your intern resident (send ONE page if you are a group of students)
  - Have your white coat ready
  - Loyola sites: Look over patient or clinic list (ask resident what the team list is labeled) and/or check the grease board (surgical specialty) on EPIC
  - Arrive 10 min early and introduce yourself to your team
• Find out how your service works
  - What is the hierarchy and division of responsibilities
  - How many patients are you expected to carry
  - Is there a specific ROS or set of physical exam findings pertinent to that specialty
  - Establish expectations. Ask what the resident’s and attending’s expectations are of you. Ask the attending how they’d like you to present (everyone’s different)
  - Ask your resident to give you a tour of EPIC or CPRS (Hines)
• Start to get a handle on your patients
  - Read as many of your patient’s notes as you can
  - Look up stuff you don’t know
  - Go home and get studying!

So I need to call a consult… how?

• If you don’t know who to page → Web on Call in EPIC
  - You should almost always page the intern when in doubt
• If you know the last name but not the pager → Phone directory
• Page the person
• When they call back say:
  - Hi I’m ___(so and so)____ calling from ___(Gen Med 4)____ and we have a consult for you.
  - The MRN is _____ and the last name is _____
  - Our question is ___(which antipsychotic would be most appropriate given her delirium and comorbidities)___?
  - Age, gender, and Pertinent past medical history,
  - Pertinent history from course of hospital stay,
  - Possible social issues they need to be warned about
  - Where they should page back to
  - KNOW YOUR PATIENTS and be CONCISE
Can you please get the medical records for this patient?

- Try to call the medical records department of that hospital
  - look-up number online
  - If a 708 area code number, just dial 9 – then rest of number
  - If not, dial 9 – 1 and then entire number with area code
  - When in doubt, call 0 (operator) and asked to be transferred to an outside line

- Faxing:
  - Obtain record release form from nurses station
  - Fill out cover letter (usually at fax machine), get patient's consent
  - Same instructions as above for dialing on fax machine
  - Wait for confirmation
  - You may need to call medical records to ensure they got your fax if there is a delay in getting the records
  - Materials that get faxed back are usually put in the patient's chart

More Questions?

- Ask M4s in the next session

- Check out the SAS 3rd Year Survival Guide
  - advice on each clerkship
  - templates for SOAP/progress notes, H&P's, post op notes, etc
  - tips on giving oral presentations

- For questions about Hines VA check out the SAS guide to the VA

- Email stritchsas@gmail.com

If you would like a tour of the hospital or just want to know where to go the first day, find us in the atrium after the individual panels!

GOOD LUCK!!