Advising and Advice in Year 3

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Developmental Questions of an MS3

- Academic
  - How can I maximize performance on clerkships and clerkship exams?
  - What does my USMLE Step 1 score mean? How should I prepare for Step 2?
- Professional Development
  - What specialty should I choose?
  - How can I build on my research? Do I need more?
  - How do I become the doctor I want to be?
  - How do I develop the skills to teach others?
- Personal Development
  - How do I balance my clinical rotation obligations, studying, and my personal relationships (ie new life schedule)?

Advising in Third Year

- PCM-3
  - Reconnect with small group from M1 year.
  - 60 minutes every 6 weeks.
  - a reflection group for clinical experiences that allows for professional development and academic advising
Advising - Group

- PCM-3 Small Groups (curriculum)
  - Reflection on the topic of the day
  - Reflection on your experiences on clerkships
  - Reflection on your thoughts about specialty choices
  - Opportunity to ask the group and your advisors for their advice/support
  - Help each other identify needs, strengths and interests during clinical years

Learning How to Mentor and Teach

(see Liz Southworth’s slides)

Advising Resources

- Academic Advisors
- Careers in Medicine website
- Specialty Advisors
- ACE
- Student and Educational Affairs
- Students Advising Students (SAS) Peer panels (post-match, etc)
- Interest group activities
- CIM Elective
- Ministry
Advising

• “For every one of us moving forward, there are a thousand hands holding and encouraging us along the way.”

• Ask early and often for guidance, assistance and help. We want you to succeed.

• We all grow best within a community

Advising – Individual

At your discretion, your academic advisors can
– be available for additional discussion of needs and interests as they develop
– help with application for residency: preparation, letters of rec, personal statement
– Help with specialty selection, refer to specialty advisor to aid with selecting residencies to apply to, help with concurrent plan (if indicated)
– Help with fourth year planning, selection of electives, planning for interview season

Questions