

HISTORY DATA BASE OUTLINE: Key Content Areas – check if discussed

A. Chief Complaint _____

B. History of the Present Illness

1. Characteristics of Symptoms
 - a. Location
 - b. Radiation
 - c. Quality
 - d. Severity/Intensity
 - e. Timing (onset, duration)
 - i. Sudden, gradual
 - ii. Acute, chronic
 - f. Frequency/Pattern (intermittent, continuous, progressive)
 - g. Setting
 - h. Aggravating/Exacerbating factors
 - i. Alleviating factors
 - j. Associated manifestations
2. Associated **active medical, surgical or psychiatric problems** which may impact the Chief Complaint
3. **Past experience** with symptom(s)
 - a. Prior Treatment? Response? Data from past charts?
 - b. What has patient done about the symptom(s)
4. Significant positives and negatives
5. What was the psychosocial **context** of the onset of the symptoms?
6. Patient's Perspective of the Illness
 - a. Patient's **understanding** of the disease? Especially causes/implications/fears
 - b. **Impact** of the disease and/or its treatment on the patient's life, work, relationships
 - c. Patient **expectations**
 - d. Patient's **reason** for visit

C. Medical History

1. Childhood illnesses
2. Health Screening (prior exams, cholesterol, etc.)
3. Immunizations
4. Adult illnesses/hospitalizations (including psychiatric)
5. Injuries/Accidents
6. Obstetric/Gynecological History

D. Surgical History

1. Operations
2. Surgical Procedures

E. Therapies

1. Medications
2. Complimentary/Alternative Medicine

F. Allergies

1. Allergies and Drug Reactions

G. Psychosocial History

1. Marital status and relationship satisfaction
2. Living arrangements/Family structure
3. Personal safety at home
4. Tobacco, Alcohol, Drugs
5. Support/Secondary Gains
6. Employment history/job satisfaction
7. Sexual history/function
8. Significant life events and stressors: deaths, divorce, finances
9. Diet, Sleep, Exercise

H. Family History

1. Current health of parents, siblings, children
2. History of significant illnesses (branching diagram if appropriate)
3. Deaths: dates and ages at death

I. Review of Systems