



**LOYOLA
MEDICINE**

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NOSE DROP INSTRUCTIONS

The drops prescribed by the doctor are to be used in the nose (not eyes).

Please take the content of your *** drops and empty them into a dropper bottle. (i.e. Tylenol infant drops). This will help you apply drops correctly.

Use 3-4 drops *** sides(s) two times a day (AM-PM). Do this for 3-4 weeks.

After applying drops (see above) please remain in the tilt position for 3-5 minutes. This helps the drops absorb.

If you are doing nasal irrigations-apply drops after irrigations.

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