



ENT EAR SURGERY WITH/WITHOUT ADENOIDECTOMY POSTOPERATIVE INSTRUCTIONS

Activity

1. Normal activity is usually expected by the late afternoon or the next morning.
2. No swimming is allowed until the child is seen by the physician.
3. DO NOT blow your nose.

Diet

Resume a normal diet as tolerated.

Dressings

1. Any drainage from the ear should be reported to the physician.

Additional Instructions

1. DO NOT get water in the child's ear. Use ear plugs or a cotton ball coated with Vaseline during bathing.
2. Your child may be nauseated after general anesthesia. The usually clears after a few hours. If the nausea persists, or if the child vomits repeatedly, call the doctor.
3. If the pain is severe, call the doctor.
4. After adenoidectomy surgery, keep your child home for one day. Observe for bleeding, which is rare. Report to your doctor:
 - * Any bright red bleeding, or
 - * Bleeding which is profuse or lasts more than 10 minutes
5. If allergy testing was done, the area of testing may be slightly red and/or swollen. A heating pad should give relief. Call the doctor IMMEDIATELY if you child has any breathing problems.

If your child should experience difficulty breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call the Ambulatory Surgery Center at *** Monday through Friday, 7:00 a.m. to 5:00 p.m. At night and on weekends, please contact the Physicians' Answering Service (24 hours) at (708) 216-8000 and/or call the Loyola University Medical Center Emergency Department at (708) 216-3882, or go to an emergency room which is closet to you.

Patient verbalizes understanding of the above instructions.