



**LOYOLA
MEDICINE**

*We also treat the human spirit.**

ENT EAR RINSE AFTER MASTOID SURGERY

To remove old blood and debris from your operated ear, you will need to rinse your ear with this solution daily for one month. Store this solution at room temperature. By doing this, you will provide the proper environment for new skin to line the ear cavity. This is the final phase of the healing process.

EQUIPMENT LIST

Turkey baster
Distilled white vinegar
Rubbing alcohol

1. Mix equal parts of distilled white vinegar (1/2 cup) and rubbing alcohol (1/2 cup).
2. Lean over the sink with your affected ear toward the sink.
3. Forcefully, squirt one turkey baster full of the above solution into your operated ear.
4. Leave the ear open to air. The alcohol in the solution will allow the cavity to dry nicely.
5. Please call us if you have any questions.
6. Remember to use a cotton ball with Vaseline when you shower and shampoo to keep water out of your ear.

IMPORTANT NUMBERS

(708) 216-9183 - ENT Triage Nurse, Monday - Friday, 9:00 a.m. - 4:00 p.m.
(708) 216-9183 - ENT Department
(708) 216-9000 - Resident on call after hours and weekends

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